

Wičata Wi

February 2018
Volume 18 Issue 2

Raccoon Moon

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CONGRATULATIONS!

NEW HIRES

Nizhoni Smith—Attorney II

Rebecca Lame Bull—Temporary Clerk of Court Assistant

Carla Hernandez—Cultural Site Monitor/Department Assistant

Georgina Drapeau—Historic Site Manager

Eric Holien—Police Officer

Happy Valentine's Day!

JOB OPENINGS

1. Benefits Coordinator
2. ICWA Social Worker
3. Early Head Start Receptionist
4. Early Head Start Teacher Positions
5. Early Head Start Floating Teacher Positions
6. Early Head Start Family Service Worker
7. Early Head Start Cook
8. Early Head Start Assistant Cook
9. Early Head Start Coach

For job descriptions please check our website at lowersioux.com or contact

Karen Swann at 507-697-6185.

Health

HEALTH REMINDERS

- ♦ **FAMILY SPIRIT PROGRAM**-Tiwahe ta nagi: Free program for expectant mothers and fathers from pregnancy and up to the child's 3rd birthday, meet in home or a comfortable meeting space in the community, weekly, monthly according to your schedule. Contact Kortni Thul 507-697-8946.
- ♦ **GROCERY STORE TOURS**- Please call Stacy at 697-8600 to set up a time and date for your group or individualized tour.
- ♦ **HEALTH CORRESPONDENCE**-Bring mail and correspondence you receive into health department.
- ♦ **HOME HEALTH VISIT**-Interested in a home health visit inclusive of blood pressure, blood glucose monitoring, health promotion, health concerns, medication management, hospital discharge visit? Contact Lower Sioux Community Health Nurse at 507-697-8940.
- **INSURANCE**-Effective 1-1-2018 CCStpa will cover electric breast pumps up to \$300.00.
- **NUTRITION SERVICES OFFERED**-If your Physician or primary care provider has referred you to a Registered Dietitian, please schedule an appointment with Stacy at 697-8600.
- ♦ **PARENTS OF NEWBORN BABIES:**
 - Must visit the Health Department within the first thirty (30) day of Birth
 - Register for Health Insurance and Indian Health
 - If your newborn is not registered within the first thirty (30) days of birth there will not be insurance coverage
 - Your newborn will not be eligible for insurance until the open enrollment unless you follow these steps
- ♦ **WISDOM STEPS**- meeting will be held from 12:00 p.m.-1:00 p.m. in the community center kitchen on **Thursday, February 22nd** with diabetes bingo to follow at 1:00 pm in the MPR.



CONGRATULATIONS TO THE FOLLOWING VISIONARY AWARD RECIPIENTS!



Rising Star: Darin Prescott

Shining Star: Rhonda Kerkhoff

Star Ag: Lisa Orren

Hidden Gem: Laura Kohler

Lower Sioux Elder Nutrition Program Menu: February 1, 2018- February 28, 2018 Wičozani

Weekly Events	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1				February 1 Elder's Choice Day! Liver and Onions Mashed Potatoes w/ Gravy Seasonal Vegetables Cornbread Apple Pie	February 2 Roast Pork Tenderloin Rustic Mashed Potatoes California Medley Wheat Bread Angel Food w/ Berries & Whipped Topping
Week 2	February 5 Baked Ham Au gratin potatoes Green beans Banana Pudding Square	February 6 Broccoli Cheese Potato Soup Pumpkin Seed Spinach Salad Cornbread Muffin Yogurt Parfait w/ Berries	February 7 Grilled Chicken Breast w/ Gravy Wild Rice Salad Cooked Carrots Cornbread Muffin Chef's Choice Fruit	February 8 Pot Roast Parsley Butter Potato Cooked Carrots Whole Wheat Bread Slice Chocolate Pudding	February 9 Chicken Wild Rice Casserole Vegetable Medley Whole Wheat Bread Slice Strawberry Rhubarb Square
Week 3	February 12 Chef's Salad w/ Western Dressing Whole Wheat Bread Slice Cherry Pie	February 13 Swedish Meatballs w/ Elbow Noodles Cooked Green Beans Whole Wheat Bread Slice Chef's Choice Fruit	February 14 Hearty Ham & White Bean Soup Winter Greens Salad Whole Wheat Bread Slice Valentine's Day Dessert 	February 15 Elder's Choice Day! Broasted Chicken Mashed Potatoes w/ Gravy Corn Chocolate Cake	February 16 Three Sister's Vegetable Lasagna Pumpkin Seed Spinach Salad Breadstick Lemony Fruit Cup
Week 4 <u>WISDOM STEPS</u> Community Center Kitchen 12:00pm-1:00pm Thursday, Feb. 22 <u>DIABETES BINGO</u> MPR 1:00pm Thursday, Feb. 22	February 19 Roasted Turkey Breast w/ Gravy Rustic Mashed Potatoes Cooked Green Beans Pumpkin Pie	February 20 Taco Salad: Lean Ground Beef Lettuce, Tomato, Onion, Cheese, & Salsa in a Tortilla Bowl Chef's Choice Fruit Cranberry Oatmeal Cookie	February 21 Chicken Caesar Salad Wrap Fresh Grapes Angel Food w/ Berries & Whipped Topping	February 22 Grilled Cheese Sand- wich Tomato Soup Pumpkin Seed Spinach Salad Apple Pie 	February 23 Spaghetti w/ Meat Sauce Garden Salad w/ Western Dressing English Muffin Garlic Bread Chef's Choice Fruit
Week 5	February 26 Roast Beef Mashed Potatoes w/ Gravy Cranberry Wild Rice Dinner Roll Cooked Green Beans Chef's Choice Fruit	February 27 Chicken Noodle Soup Garden Salad w/ Light Ranch Wheat Dinner Roll Apple Sauce	February 28 Garlic & Sage Roasted Pork Wild Rice Pilaf w/ Vegetables Whole Wheat Bread Slice Strawberry Rhubarb Square		



THE LOWER SIOUX ELDER CAREGIVER SERVICES PROGRAM is pleased to announce we have a newly stocked durable medical equipment lending closet! Current durable medical equipment available from the Lower Sioux Health Care Center lending closet includes:

- ◆ Portable Ramps, pill dispensers, rollator with seat and brakes, transport chairs, commodes and a portable hospital bed for end of life/hospice use in the home.

If you or a family member have a need for durable medical equipment or would like to begin the following services please call Stacy Hammer at 507-697-8945.

ENP VAN is available for Elder's needing transportation to and from Jackpot Junction to enjoy their meal with other Elder's in the dining room for congregate services and for transportation to and from the grocery store. The van is also handicap accessible which will allow room for those elder's requiring their wheelchair for transporting. Please call Gayle McCorkell at 507-697-8016 if you would like to be transported to Jackpot Junction for your meal service.

LOWER SIOUX CAREGIVER SERVICES PROGRAM ELIGIBILITY REQUIREMENTS:

FAMILY CAREGIVER means an adult family member or another individual who is an informal provider of an in-home and community care to an eligible elder or to an individual with Alzheimer's disease or a related disorder. Respite care, is care provided to a frail elder so the caregiver can have a break.

GRANDPARENTS RAISING GRANDCHILDREN The term child is an individual who is no more than 18 years of age or who is an individual with a disability. Grandparent or older individual who is a relative caregiver, a grandparent or step grandparent of a child or a relative of a child by blood, marriage or adoption who is 60 years of age or older and lives with the child or is the primary caregiver of the child because the biological or adoptive parents are unable or unwilling to serve as the primary caregiver of the child or has the legal relationship to the child or is raising the child informally.

CLARIFICATION SERVICES In respect to Grandparents caring for Grandchildren, the Lower Sioux Title VI program (Elder Nutrition Program) may utilize caregiver funds from the Native American Caregiver Support Program to provide respite and supplemental services to grandparents and relative caregivers. Funds may be provided to pay expenses such as summer camps and the SACC program that would allow grandparents a break from their daily caregiving responsibilities. Funds may be utilized to provide daycare services for facilities licensed under Lower Sioux Health and Social Services.

Grandparents raising grandchildren will be allowed up to 24 hours of respite care per month, families will be notified if allotments are adjusted due to changes in funding.

Eligible family caregiver 60 years of age or older may receive up to 24 hours of respite care per month. Respite care can be provided in the home of the elder, the caregiver or it can be provided at an out of home setting such as a senior center or adult day care center.

❄️ 2018 Čansayapi ❄️

Red Willow Run

Saturday, February 10

Lower Sioux Rec. Center

Same Day Registration Begins at 8 AM

Red Willow 5k Run /Walk 9 AM

Traditional Tobacco Workshop 10 AM —12 PM

Pre-Register by February 3rd to Reserve Race T-shirt

(75 Adult Sizes Only*)

Contact Kara Siegfried at (507) 697-8942



Food and Refreshments Available
Open to the Public—All Ages!
All Participants Will Receive a Pair of
Text-Friendly Gloves



Join Us and Learn
About Traditional Tobacco!

INFLUENZA

Influenza is a viral infection that attacks your respiratory system — your nose, throat and lungs. Influenza, commonly called the flu, is NOT the same as the stomach "flu" viruses which cause diarrhea and vomiting.

FLU Symptoms can include:

- ◆ fever *
- ◆ cough
- ◆ sore throat
- ◆ runny or stuffy nose
- ◆ body aches
- ◆ headache
- ◆ chills
- ◆ fatigue
- ◆ sometimes diarrhea and vomiting.



*It's important to note that not everyone with the flu will have a fever.

Take everyday actions to help prevent the spread of germs that cause influenza:

- ◆ Try to avoid close contact with sick people.
- ◆ If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. Your fever should be gone without the use of a fever reducing medicine.
- ◆ While sick, limit contact with others as much as possible to keep from infecting them.
- ◆ Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. Then wash your hands.
- ◆ Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- ◆ Avoid touching your eyes, nose and mouth. Germs spread this way.
- ◆ Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.

It is not too late to get a flu shot. However, if you have been diagnosed with influenza you and your family may need to wait until the virus has passed before getting a flu shot, please ask your doctor for recommendations. You DO NOT get influenza from the flu shot. It takes about two weeks after you have received a flu shot for it to become effective. If you become ill with influenza within the two weeks after having received the flu shot, you most likely were exposed to influenza prior to receiving the flu shot and prior to it becoming effective. Getting a flu shot is the most effective way of preventing influenza however it does not guarantee that you will not get it. Influenza is contagious one day prior to showing any symptoms and for up to 7 days after symptoms begin.

https://www.cdc.gov/flu/pdf/freeresources/updated/fluandyou_upright.pdf

<https://www.mayoclinic.org/diseases-conditions/flu/symptoms-causes/syc-20351719>

GIRLS GROUP



Cooking with Kunzi

Saturday, February 10

Lower Sioux Kitchen from 2-4pm

10 years old and up



Questions? Contact:

Jean Stacy, Elder's Coordinator 507.697.8649

Kortni Thul, Wičozani Project Coordinator 507.697.8946

CHILD SUPPORT

Earlier this month the Minnesota Department of Human Services (DHS) issued guidance to county human services department and county attorneys that recognizes the Lower Sioux Indian Community's General Assistance Program (GAP) as a public assistance program based on need for the purposes of child support calculations. Specifically, the DHS guidance directs "payments made through the [GAP] program...should not be counted as income for child support purposes." This clarifies any ongoing confusion as to whether income received by LSIC members through the GAP program should be included in child support calculations and ensures consistent application of the law for LSIC regardless of their county of residence. Please contact your child support worker if you wish to pursue calculation adjustments.

Lenor Scheffler Blaeser

General Counsel

COMMUNITY RECYCLING

Big Thanks to Everyone in the Community who are recycling and using the Community's Recycling Bin located next to the Warehouse. In 2017 residential recycling from the Community diverted **9 tons** of material from the landfill. Additionally, another 1,000 pounds of aluminum cans were collected in the cans recycling trailer located in the Community center parking lot. Keep up the great efforts! Let's all commit to doing our part to increase the recycling amount in 2018!!

In the near future you may notice that The Community's recycling bin will be a different type of bin. This new bin will be in the same location, and will continue to take commingled recycling materials (do not need to sort plastic from glass or paper). The current bin is only emptied once a month, and at times would be full before the end of the month. The new bin will be emptied weekly so don't be alarmed by the smaller size. If you have any suggestions/comments about the new system you can direct those to the Office of the Environment (507-697-8643).

Commingled Recycling: You can put Paper, plastic, cans, glass and cardboard without sorting into the single-stream bin. **Cardboard boxes need to be broken down!!** Empty boxes take up so much room that the bin will be filled with a few boxes. **PLEASE NO GARBAGE!!** Garbage in the recycle bin results in an additional expense!



Čansayapi Cultural Department

NEWS FROM THE ČANSAYAPI CULTURAL DEPARTMENT:

- ATTENTION, ATTENTION !! Needed- Talented, artistic, unique-minded individuals!! We are seeking participants who currently engage themselves in activities associated with creating diverse contemporary & traditional work- this can include beadwork, drawing, hide-tanning, quilting, painting, cooking, digital photography, gardening etc. The CCD will be hosting a series of workshops, dinners and fieldtrips in the coming months- if you would like more information on how to contribute please contact 697-8672
- **February 16th Arts & Culture Community Dinner at Jackpot Junction**
- Pottery Apprentice Program applications are available at LS Government front desk. **Deadline for submission is February 15th.** Pottery training begins in March, apprentices are expected to complete 100+ hours of training March- October.

Elder activities are as follows:

- MHS collections visit March 10th, Saturday.
 - State Capital Visit in support of Wakan Tipi Center building-March 14th, Wednesday.
- If interested in either activity please register with Jean Stacy at 697-8649.

LOWER SIOUX HOUSING

EMERGENCY HOUSING LOANS AVAILABLE

Terms:

- For **emergency** home repairs-applications will be considered on a case-by-case basis
- \$6,000 maximum loan,
- 5% Interest Rate
- 30 month maximum repayment term
- \$200/month minimum payment
- 100% payback

For more information, contact Housing at (507) 697-6185 or housing@lowersioux.com.

NAHASDA HOME IMPROVEMENT LOANS AVAILABLE

Terms:

- Borrow up to \$20,000 for home repairs/renovations
- Interest Rate 5%
- Minimum monthly payment of \$200, maybe more based upon loan amount & term
- Irrevocable Per Capita assignment required
- Maximum 96 month repayment term

Applicants must meet the following Income guidelines in order to qualify:

Household size:

1	2	3	4	5	6	7	8
\$36,792	\$42,048	\$47,304	\$52,560	\$56,765	\$60,970	\$65,174	\$69,379

Applicants must provide income verification

Contact Housing for further details and application. Loan funds are disbursed on a first come, first serve basis upon availability of funds.

MHFA HOME IMPROVEMENT LOANS AVAILABLE

Terms:

- Loans up to \$35,000 for home repairs/renovations
- Interest Rate 5%
- Minimum monthly payment of \$200, maybe more based upon loan amount & term
- Irrevocable Per Capita assignment required, may use GAP
- Maximum term of 180 months (15 years) depending upon loan amount
- Applicant must provide income verification

Contact Housing for further details and application. Loan funds are disbursed on a first come, first served basis upon availability of funds.

MORTGAGE LOANS AVAILABLE FOR NEW HOME CONSTRUCTION OR ACQUISITION:

- 3.5% Fixed Interest Rate
- Up to 30 year repayment term
- Construction/Acquisition within the 10 mile service area of Lower Sioux
- 29-41% debt to income ratios apply

Please contact Housing at (507) 697-6185 or housing@lowersioux.com for further details and to apply.

ÇAŇŞAYAPI WAŇAŇYEŹA OWAYAWA ȚI

Lower Sioux Children are Sacred School

A Dakota Immersion Early Head Start (Birth-3 years old) and Preschool (3-5 years old)

Great news, in addition to being awarded a \$1.9 million grant to launch a Dakota-Immersion Early Head Start Program, the Lower Sioux has been awarded another grant to launch a Dakota-Immersion Preschool. With this, we will be able to serve ages birth-5 years old with a wrap-around evidence-based early learning. The name of the school will be Çanşayapi Waŋanyeza Owayawa Ți, Lower Sioux Children are Sacred School.

These services integrate education, physical health, nutrition, mental health, and family/community engagement. Longitudinal research demonstrates many positive social, emotional, and economic benefits for participants who enroll in an early learning program as well as raising a child bilingual.

We will be able to serve all (Lower Sioux members and non-members) who live on the Lower Sioux and in the 10-mile service area. Please see below who we will serve:

◆ 12 Expectant Families

◆ 42 Early Head Start

32 Center-Based (5 days/week)

10 Home-Based (1.5 hours/week)

◆ 20 Preschool

Center-Based (5 days/week)

Enrollment:

With this federal grant, we are creating policy with the Head Start Standards and Lower Sioux Standards together intertwined. Under these, enrollment will be through an application process with 51% of the student body must be living below the federal poverty line, involved in the foster care system, and/or have special needs, such as born with NAS or FAS. Enrollment will begin in March 2018.

Please stop by the front desk of the government center if you would like a copy of the information session presentation given on January 17th and January 24th and if you would like to sign-up to have the enrollment application be sent to you via paper copy or electronically once it goes live. Otherwise, we will announce next month when applications can be picked up or accessed online.

Hiring:

We have recently hired some new team members who will be helping build this school with all the departments. Please find their bios below.

Holli Hoffbeck, Program Support Specialist

Holli.Hoffbeck@Lowersioux.com

Holli Hoffbeck is the new Program Support Specialist for Cansayapi Wakanyeza Owayawa Ti. She graduated from Minnesota West with her Business Management degree. Previously she has been a Senior Accountant, Office Manager and held different accounting/office positions. She is most excited about learning, sharing the Dakota language and giving back to her community. She currently resides in Morgan with her husband Jeremy.

Nikki Berry, Education/Mental Health/Disabilities Coordinator

Nikki.Berry@Lowersioux.com

Nikki Berry is the new Education/Mental Health and Disabilities Coordinator for Cansayapi Wakanyeza Owayawa Ti. She resides on the Lower Sioux Reservation with her husband Jason Berry and their children, Carlath, Woniya, Mush-Teh, Skuya, and Kallen. They are expecting a baby boy in April. Nikki was born and raised in Redwood Falls, MN and graduated from Redwood Valley High School in 2004. She obtained a Bachelor of Science degree in Sociology with a minor in Corrections in 2009 from Minnesota State University, Mankato. She was employed with Jackpot Junction for 5 years. From there she worked as the Native American Liaison for the Indian Education Program for the Cedar Mountain School District from 2013- 2015. She then went on to work for Redwood Area School district as a Special Education Paraprofessional working with students with disabilities. In 2016 until she obtained this coordinator position, she was employed with Southwest Health and Human Services out of Redwood County as a Child Protection Social Worker. She is most excited to embark on a Career in the Dakota Immersion School to help shape the future generation and to help learn and preserve Dakota Language.

Mariah Wabasha, Parent, Family, Community, Engagement (PCFE)/ Eligibility, Recruitment, Selection, Enrollment, and Attendance (ERSEA) Coordinator

Mariah.Wabasha@Lowersioux.com

Mariah Wabasha is the Parent, Family and Community Engagement (PCFE)/Eligibility, Recruitment, Selection, Enrollment and Attendance (ERSEA) Coordinator. She a member of the Lower Sioux Indian Community and was born and raised on the reservation. She graduated from Redwood Valley High School in 2013 and is currently obtaining a Bachelor of Science degree in Sociology with minors in Indigenous Studies and Justice Administration from Southwest Minnesota State University. She has guardianship of her 6 year old nephew, Adrian, who is in 1st grade. Mariah worked at Caribou Coffee from 2012-2016 before transferring to work as a Casino Shift Manager where she is still working weekends, part-time. She is excited to help assist all of our families and to help keep the Dakota Language alive because without it we are not a sovereign nation anymore.

Shawn Sherman, Health/Nutrition/Safety Coordinator

Shawn.Sherman@Lowersioux.com

Shawn Sherman is the Health/Safety/Nutrition Coordinator for the Cansayapi Dakota Immersion School. He grew up in Franklin, MN and graduated from Cedar Mountain in 2013. He went to Minnesota State University Moorhead (MSUM) to pursue a Bachelor's of Science in Athletic Training. Upon graduating in May of 2017, he became a Certified Athletic Trainer and began his career at Twin Cities Orthopedics in Edina, MN. In the fall of 2018, he plans to return to MSUM to pursue a Master's in Healthcare Administration. He is looking forward to assisting Lower Sioux families and children achieve their goals. He now resides on the Lower Sioux Reservation with his girlfriend, Winona Goodthunder.

We are looking to bring more people to this team that will raise the next generation of Dakota language speakers. Please apply today at Lowersioux.com/employment. For current job postings please go to Lowersioux.com/employment.

Logo Contest:

We have asked several Dakota graphic artists to put a bid into creating the logo for this new school. We will unveil the designs at the front desk of the government center for the community to vote on what will be the future of the Cansayapi Wakanyeza Owayawa Ti logo. Please stop by anytime this month to cast your vote, we will announce the new logo in next month's newsletter. Pidamayayapi!

NOTE: The operational quarters for the program until the new school renovations are complete will be in the Technology Room in the Recreational Center. The number will be (507) 697-8254.

RVHS HIGH SCHOOL:**A Honor Roll:**

Michael Helsper
Gavin Dow
Ty Larsen
Mara Lund
Jenna Pendleton
Cameran Sommers
Janessa Whitaker
Sidney Beran
Damico Arredondo
Ivis Robertson

B Honor Roll:

Brianna Henrichs
Chauncey Crooks
Winterhawk Old Rock, Jr.
Mitchell Prescott
Jaidyn Probst
Corbin Wabasha
Carla Berry
Jada Farmer-Pendleton
Emmarica Larsen
Alexis Norcross
Trella Old Rock
Gabrielle Dow
Aeneas Pacheco
Justus Probst
Sydney Sommers

RVHS MIDDLE SCHOOL**A Honor Roll**

Logan Larsen
Nupah Old Rock
Mason Bawden
Samantha Crooks
Mia Staples
Kyra Toren
Laiten Goodthunder
Anneliese Hammer
Jamen Hennen
Isabella Nelson
Brianna Tucker
Wichahpi Hinhanna Blacklance
Kooper Johnson
Cayden Johnson-Mariner
Garett Markuson
Inez St. John
Lukas Staples
Keagan Toren

Congratulations!

RVHS MIDDLE SCHOOL**B Honor Roll**

Shalina Black Spotted Horse
Tukan Eastman
Robert Halvorson Jr.
Monday Milne
Jaden Rainey
Evan Cooper
Riley Dikken
Maverick Ellingson
Conor Hammer
Bryant Hernandez
Everette Kamolz
Leah McKee
Jarvis Wabasha
Mush-Teh Berry
Aubriella Dixon
Monica Goldtooth
Raven Good Thunder
Samantha Gullickson
Netaya Hisday
Salina Hisday
Shyanna Johnson
Kylynn Lucio
Tatiyana Old Rock
Neenah Arredondo
Kathalean Big Bear
Blayden Black Spotted Horse
Derek Dahlberg
Shantae Dow
Marissa Dow-Hilliard
Alexander Johnson
Collin Johnson
Chaun Jones
Sapphire Lablanc
Cyrus Milne
Chance Pendleton-Sam
Reese Regnier
Jaydon Senkyr
Juelz Thompson Ahrens
Mitanski Wabasha
Theryn Zachow

RVHS DATES TO REMEMBER**Jan. 31-Feb. 6:**

9th - 11th grade students will complete their course request schedule for 2018-19
which will include an option for DAKOTA LANGUAGE!
(Actual registration will occur in March)

CEDAR MOUNTAIN SCHOOL**February 9**—Blue Clue Fun Raiser

\$1.00 pop for Valentines.

Orange for a friend

Grape for a crust

Strawberry for love

If parents or Grandparents would love to get your child a can of pop,
please stop at the school to fill out a slip and pay \$1.00. Thank you.

February 14—HS/MS Spring School Pictures**February 19**—No School**February 21**—Mid Terms**February 26**—12:10 p.m. Early out

12:30 - 6:30 p.m. Parent/Teacher Conferences

Honor Roll of Merit

Americis Dallenbach

Novelynn Wabasha

Marcus Gregg

Elijah Larsen

Dakota Pendleton-Sam

Paulina Gregg

Kaylee Varner

Lower Sioux Council News

ČANSAYAPI OYATE OMNIČIYE YUOTANIN WOWAPI TAWA KIN

Update from the President

We're one month into 2018 and already so much is happening here at Lower Sioux. Here are a few updates.

Economic Development—Plans to Increase Earnings at the Casino & C-Store

As I reported last month, BlueStone Strategy Group is helping Lower Sioux improve earnings at Jackpot Junction Casino/Hotel and the C-Store. In January they presented a plan to increase revenue over the next three years. BlueStone believes we can earn a lot more. Here's what they project is very possible for Lower Sioux:

Casino Objectives:

- = Year 1: Increase profits by \$2.5 Million
- = Year 2: Increase profits by \$4.0 Million
- = Year 3: Increase profits by \$6.0 Million

C-Store Objectives:

- = Increase tax base by \$75,000 annually
- = Increase sales revenue by \$85,000 annually

BlueStone is now working closely with Casino staff to reach these goals.

Expanding the Community Center & Cultural Incubator—Community Input Needed

We're also moving ahead with the expanded community center and cultural incubator. In January the consultants, including Kim Tilsen-Brave Heart whose family started and owns Tanka Bars, introduced the project at the Community Wellness Dinner on January 9th. They will return February 14th – 17th to get feedback from elders, artists, youth, and members. A second community-wide dinner is planned for Friday, February 16th from 5:30 – 7:30 pm for all to share ideas for the expanded community center and cultural incubator.

Hope you can make it!

Update on Sales Tax Regulations

We have had some questions about state sales tax regulations for tribal members, so here's an update!

+ MN Revenue states that for **Utilities**, members are exempt from paying Sales tax on Telephone service, Natural Gas, LP Gas, Electricity and heating oil if the member lives on the reservation that they are a member of.

+ Members are not exempt from paying sales tax on **Building** materials regardless of where they live; only Lower Sioux is exempt if we are the one building the house. Lower Sioux could then sell the house to a member, but the construction contract has to be with Lower Sioux, not the member.

+ For **Vehicles**, members are exempt from paying sales tax on the purchase if the member lives on the reservation and the sale occurs on the reservation. There is a common misconception that Lower Sioux authorizes the vehicle sale as being tax exempt. This is not true. However, Lower Sioux can provide a form that the seller of the vehicle must fill out and keep on file to provide proof as to why sales tax was not charged for the vehicle. Forms are available at the Government Center Front Desk and Finance Department.

CONGRATULATIONS TO

MY DAUGHTER, SOPHIE JO LUND!

She achieved at least a 3.5 semester GPA put her on the College of Education and Human Sciences Dean's List for the fall semester at SDSU in Brookings SD! This is a tremendous accomplishment and we are very proud of her for achieving it. Sophie, your hard work and dedication to your academics does not go unnoticed, keep up the great work!

Love,
Your Family!

BIBLE STUDY

GODS CREATIVE POWER OF HEALING

1ST & 3RD THURSDAY OF EACH MONTH
1:30—2:30 at the CHURCH HALL
CONTACT KIM AMUNDSON
612-751-7990

QUILTING CLASS

Wednesday's 1-7 p.m.
Contact: Ruby Minkel at
507-430-3282



KNIGHTS OF COLUMBUS

FREE THROW CONTEST

Lucas Staples, Kimamana Goodthunder, Melayna Nez & Mia Staples for Knights of Columbus Free Throw Contest- They compete again this Sunday at the RVHS Gym!

FREE TAX Preparation Services Available!

United Community Action Partnership

Is providing tax preparation services for low-to-moderate income taxpayers

\$35,000 or less for a single taxpayer with no dependents

\$55,000 or less for a married or single tax payer with dependents

(returns must be within scope of ability to prepare, call for details)

Services offered include:

Free Tax Preparation and E-Filing

Direct deposit for FAST refunds

IRS Quality assurance reviews

Appointments times available:

Mondays, starting at 5:30 pm

Appointments held at United Community Action

164 E 2nd St

Redwood Falls, MN 56283



Services made available through grants by the
State of Minnesota and Internal Revenue Service.

**Call
507-537-1416
Ext 2163**

**Fast,
Free,
Confidential**

NEWSLETTER ARTICLES

The last day to submit your article for the March 2018 newsletter will be **Thursday, March 22nd**. Please e-mail your picture and/or article to: dakotafutures@lowersioux.com

INFORMATIONAL

UPDATES

Please text

LowerSioux to

77948

February-Rec

SUN	MON	TUES	WED	THURS	FRI	SAT
	<div> REC CENTER HOURS MONDAY 2PM- 10PM TUESDAY- THURSDAY 1PM-9PM FRIDAY-SATURDAY 2PM -10PM SUNDAY-CLOSED </div>			1 TAE KWON DO 4-7 LACROSSE 4-6	2 MULTI-MEDIA CLASS 4-6 FITNESS 5-7 VOLLEYBALL 7-9	3 PAINTING 2-6PM
4	5 TUTOR 4-6 COOKING CLASS 4-6 FITNESS CLASS 5-7 BASKETBALL NIGHT AGES 11 & UP 7-10PM	6 TUTOR 4-6 TAE KWON DO 4-7 PAINTING 6-7 GIRLS SWEAT 7PM	7 TUTOR 4-6 POTTERY 4-530 FITNESS CLASS 5-7 DAKOTA LANGUAGE & CULTURE NIGHT 530-7 DRUM 7-8	8 TAE KWON DO 4-7 HEALTHY GENERATIONS CLUB 5:30-7PM	9 MULTI-MEDIA CLASS 4-6 FITNESS 5-7 VOLLEYBALL 7-9	10 RED WILLOW RUN 8-10AM TRADITIONAL TOBACCO WORKSHOP 10-2PM GIRLS GROUP 2-4 P.M.
11	12 TUTOR 4-6 COOKING CLASS 4-6 BASKETBALL NIGHT AGES 11 & UP 7-10PM	13 TUTOR 4-6 TAE KWON DO 4-7 PAINTING 6-7	14 POTTERY 4-530 DRUM 7-8PM FITNESS 5-7 DAKOTA LANGUAGE & CULTURE NIGHT 530-7	15 TAE KWON DO 4-7 LACROSSE 4-6 BOYS SWEAT 7PM	16 MULTI-MEDIA CLASS 4-6 FITNESS 5-7 VOLLEYBALL 7-9	17 3 ON 3 BASKETBALL TOURNAMENT MIDDLE & HIGH SCHOOL 2-6 "HOW TO BECOME A REZ REPORTER" WORKSHOP 10-6
18	19 TUTOR 4-6 COOKING CLASS 4-6 FITNESS CLASS 5-7 BASKETBALL NIGHT 7-10PM	20 TUTOR 4-6 TAE KWON DO 4-7 PAINTING 6-7	21 TUTOR 4-6 POTTERY 4-530 FITNESS CLASS 5-7 DAKOTA LANGUAGE & CULTURE NIGHT 530-7 DRUM 7-8PM	22 TAE KWON DO 4-7 LACROSSE 4-6	23 MULTI-MEDIA CLASS 4-6 VOLLEYBALL 7-9	24 QUILL WORKSHOP 2-6PM GIRLS GROUP COOKING 2-4PM
25	26 TUTOR 4-6 COOKING CLASS 4-6 FITNESS CLASS 5-7 BASKETBALL NIGHT 7-10PM	27 TUTOR 4-6 TAE KWON DO 4-7 PAINTING 6-7	28 POTTERY 4-530 FITNESS CLASS 5-7 DAKOTA LANGUAGE & CULTURE NIGHT 530-7 DRUM 7-8	<div> MAT PENDLETON, RECREATION DIRECTOR 507-697-8612 mat.pendleton@lowersioux.com </div>		

February

ANPETU WAKAN	ANPETU TOKAHEYA	ANPETU INUNPA	ANPETU IYAMNI	ANPETU ITOPA	ANPETU IZAPTAN	OWANKE YUZAZAPI
				1 10-12 Adult Pottery 1:30 Bible Study 5 Positive Indian Parenting	2 1-4 Intensive Outpatient Service	3
4	5 1-4 Intensive Outpatient Service 7 NA Mtg.	6 12 AA 5 Positive Indian Parenting	7 11 Elders Mtg. 1-4 Food Shelf 1-4 Intensive Outpatient Service 1-7 Quilting 8 NA Mtg.	8 10-12 Adult Pottery 5 Positive Indian Parenting	9 1-4 Intensive Outpatient Service	10 Red Willow Run 8am signup 9am 5k 10am Tobacco 2-4 pm Cooking w/Kunzi
11	12 1-4 Intensive Outpatient Service 7 NA Mtg.	13 12 AA 5 Positive Indian Parenting	14 11 Elders Mtg. 1-4 Intensive Outpatient Service 1-7 Quilting 4:30 Education 8 NA Mtg.	15 10-12 Adult Pottery 1:30 Bible Study 5 Positive Indian Parenting	16 1-4 Intensive Outpatient Service Arts & Cultural Dinner	17
18	19 1-4 Intensive Outpatient Service 7 NA Mtg.	20 12 AA 4-30 Ruby's Pantry 5 Positive Indian Parenting 6-8 Wellness Dinner in MPR	21 11 Elders Mtg. 1-4 Food Shelf 1-4 Intensive Outpatient Service 1-7 Quilting 8 NA Mtg.	22 10-12 Adult Pottery 12 Wisdom Steps 1 Diabetes Bingo 5 Positive Indian Parenting	23 1-4 Intensive Outpatient Service	24
25	26 1-4 Intensive Outpatient Service 7 NA Mtg.	27 12 AA 5 Positive Indian Parenting	28 11 Elders Mtg. 1-4 Intensive Outpatient Service 1-7 Quilting 8 NA Mtg.		